

MATURE ADULTS

DROP-IN LEGAL SEMINARS WITH DAVID HOFFMAN, J.D. WILLS, TRUSTS, ESTATES

**These programs meet on Mondays between 10:00 a.m. and 11:30 a.m.
Simply mark the date and plan on attending**

March 15

WHAT TO FEED A LIVING TRUST

You have probably heard about living trusts. Maybe you've even heard that they can avoid probate, save taxes, prevent guardianships and live on long after you're gone. But how do you make it "live" in the first place? Knowing the answer to that question can mean the difference between a perfect estate and utter chaos. This is a 90 minute lecture on the use, care and appetites of Living Trusts. "Topics include: a review of Virginia Trust Law; funding your trust; what every banker doesn't know; trusts and mortgages, record keeping; making amendments; taxes, trusts and the IRS and much more.

April 12

10 THINGS EVERY EXECUTOR SHOULD KNOW

So you have finally selected your executor. Now, the question is, will he know how to be a good one. The law holds executors and trustees to a very high standard and carelessness can result in law suits, removal and even criminal prosecution. Presented for executors, trustees and the people who select them, *"10 Things Every Executor Should Know"* is a 90 minute guide on how to do the job right. Topics include: preparing probate papers; filing tax returns; prudent investing; taking a commission; basic fiduciary accounting and more.

May 10

THE FIVE STEP ESTATE PLAN

It's a fact. Estate planning can make you ill. There is so much to understand and so many decisions to make. Sometimes, just knowing where to begin is painful. The Five Step Estate Plan is formulated to bring relief. This 90 minute presentation administers estate planning in small bites that are easy to swallow. It is a jargon free, non-drowsy formula to help you to overcome your fear of wills, trusts, taxes and probate and to cure your chronic indecision. No prescription required. Just bring yourself, your spouse, your friends and your family, but leave the aspirin at home!

CLUBS AND ASSOCIATIONS

The Vienna Community Center hosts the following activities for Mature Adults. Kindly call the group coordinator for specific details about membership and events.

AMERICAN ASSOCIATIONS OF RETIRED PERSONS (AARP)

**Group Coordinator: Irene Coyne – 703-938-0873 –
IMCMGC@gmail.com**

AARP holds a luncheon the first Monday of each month and a business meeting the third Monday of each month at 12:30 p.m. in The Vienna Community Center Auditorium.

NATIONAL ASSOCIATION OF ACTIVE AND RETIRED FEDERAL EMPLOYEES (NARFE)

Group Coordinator: Shirley Keyes – 703-698-1838
NARFE meets the first Tuesday of the month at 1:30 p.m. in The Community Center Auditorium.

50-90 CLUB

Group Coordinator: Paul Schmitt - 703-255-4743
This group meets the third Saturday of each month for dinner and a special program at 5:00 p.m.

THE VIENNA SENIORS BRIDGE CLUB

Group Coordinator: Richard Laporte – 703-204-4508
Intermediate and advanced bridge players are invited to attend our gatherings on Wednesdays at 10:30 a.m.– 2:00 p.m. for bridge. There are refreshments and a lunch break at about noon.

MATURE ADULTS

DROP-IN RECREATIONAL PROGRAMS AND MATURE ADULT SERVICES

The following programs have no fee and do not require advanced registration. Programs are held year round but do not meet on the 4th of July, Thanksgiving, Christmas and New Years. **PLEASE NOTE THAT SINCE THERE IS NO FORMAL INSTRUCTOR FOR DROP-IN PROGRAMS IT IS ALWAYS ADVISEABLE FOR GROUP MEMBERS TO CHECK THE FRONT DESK ROOM RESERVATION LIST PRIOR TO EACH SESSION TO SEE IF THERE HAVE BEEN ANY ROOM CHANGES. THERE ARE NO DROP-IN CLASSES ON JUNE 15, 16, 17 DUE TO HIGH SCHOOL GRADUATION.**

BLOOD PRESSURE CHECKS

Nurses: Joan Brown and Carole Dysart

Second Wednesday of each month

10:45 a.m. – 11:45 a.m.

No Reservation is required. Simply drop-in for a check-up.

Wednesday – March 10 Wednesday – April 14

Wednesday – May 12

PICKLEBALL

Mondays, Wednesday, Fridays - 11:00 a.m. – 12:30 p.m.

Pickleball is a cross between tennis and badminton. This is a fun and easy game to learn and can be played by anyone regardless of athletic ability. Come and be part of our regular group of very enthusiastic players. We have all levels of players in our groups including some Senior Olympic Pickleball Winners!

TABLE TENNIS

Mondays and Thursdays - 8:00 a.m. – 9:00 a.m.

Just show up and join us for table tennis every Monday and Thursday. Individuals of all playing abilities are welcome. This group is an on-going activity and run by group members.

CANASTA

Tuesdays - 1:00 p.m. – 4:00 p.m.

Come out and make new friends as you play the game of Canasta.

Canasta is a card game in which four people play in fixed partners opposite each other. Two 52 card standard packs plus 4 jokers are shuffled together to make a 108 card pack. Even if you do not remember all the details, a "Canasta Packer" is available to use as review or as a learning tool. There will be no formal instructor but there will be seasoned players willing to help others new to the game.

MAH JONGG

Thursdays - 1:00 p.m. – 4:00 p.m.

Come out and make new friends as you play the game of Mah Jongg

Mah-Jongg was first played by the ruling class of china and dated back to the time of Confucius. This game was introduced into the United States back in 1920. There is no formal instruction however regular players are glad to tutor new players to understand the game. The first Thursday of each month is recommended for beginners. At that time you are welcomed to observe our regular group of players. If you decide to play on a regular basis you are asked to provide your own Mah Jongg set. There is no fee. All abilities are welcome.

DOMINOES

Fridays - 1:00 p.m. – 4:00 p.m.

From dominoes to scrabble to checkers to chess, whatever game you would like to play simply show up at the center and play a game, as you make new friends. You may bring along your own board or card games and share them with others. Dominoes is the predominate game played, however there are other games available.

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